

Provincial Wellness Grant Projects 2005 - 2006

EASTERN REGIONAL HEALTH AUTHORITY

Organization: Mount Pearl Sport Alliance

Description: School physical educators and community recreation leaders will develop and implement a co-operative program aimed at increasing physical activity and healthy eating among participating children.

Organization: Boys and Girls Clubs of St. John's

Description: A project to engage boys and girls and their families in the areas of healthy eating, physical activity and healthy lifestyle (activity based and skills enhancement).

Organization: Tramore Production Inc.

Description: An innovative project using intergenerational (seniors and youth) dramatic production to explore the linkages between healthy eating, active living, tobacco control and injury prevention with the determinants of health. Uses "forum theatre" as a medium.

Organization: St. Francis Foundation

Description: A therapeutic recreation program that will service at risk children, youth and families. Three components: an intramural program, partnering with YMCA for youth to have access to a gym and a nature – adventure camp.

Organization: Brighter Futures Coalition of St. John's & District

Description: A pilot project to develop a set of tools and approaches to promote nutrition and wellness using an urban and rural model of program delivery through Family Resource Centres.

Organization: VON

Description: The St. John's VON branch will develop, implement and evaluate an innovative progressive model of physical activity interventions to reach isolated homebound seniors.

Organization: Choices for Youth

Description: Project will implement the Model of Youth Outreach and Engagement. High risk youth will be engaged in a series of activities addressing core issues impacting their health and well-being.

Organization: Shea Heights Development Association

Description: Develop, implement and evaluate programs and activities in the community regarding healthy eating and physical activity.

Organization: Festival of Flags

Description: Develop a wellness plan for the Placentia area.

Organization: City of St. John's - Department of Recreation

Description: City of St. John's Recreation working with Eastern School District will expand the incorporation of 20 minutes of physical activity into each school day for three identified schools involved in the field test in April 2005. (Vanier Elementary, Hazelwood Elementary and Holy Cross Elementary).

CENTRAL REGIONAL HEALTH AUTHORITY

Organization: New World Island Primary Health Care Advisory Committee

Description: To improve the health of children age 8-10 by implementing a hands-on approach to learning healthy lifestyle behaviours focusing on healthy eating, physical activity and smoking prevention.

Organization: Bowling Down Barriers

Description: Enhance recreation opportunities for children and youth with special needs.

Organization: Active Living Committee

Description: To expand the active schools initiative in the Central Region so 4000 K-6 school children in the Central Region will have access to daily physical activity and access to nutritious food at school.

WESTERN REGIONAL WELLNESS AUTHORITY

Organization: Seniors Wellness Committee

Description: Preventing falls in seniors. Participating seniors will increase their awareness of the risks for falls and be encouraged to make changes in their behaviour and environments. Improvements in physical activity will improve their overall wellness.

Organization: Organization for Community Action Initiatives Inc.

Description: "Family Fun with Food" program is an enhanced version of the basic shelf program. It focuses on education, skill development and food budgeting

Organization: Community Education Networks Association

Description: The promotion of a family centred healthy lifestyle through the delivery of a variety of programs focusing on healthy eating, active living, tobacco control and injury prevention.

LABRADOR-GRENFELL REGIONAL WELLNESS AUTHORITY

Organization: Labrador West Young People's Association

Description: A pilot project targeting high risk youth to engage in activities and skill development relating to healthy eating, physical activity, tobacco control and injury prevention.

Organization: North West River Community Centre

Description: To enhance an existing Walking Program and promote other active living opportunities in the community.

PROVINCIAL

Organization: Kids Eat Smart Foundation NL

Description: "Fruit and Veggies First!" project will ensure children have access to fruits and vegetables through Kids Eat Smart Clubs throughout the province. (feeding programs are in schools and community centres).

Organization: NL Parks and Recreation Association

Description: A Provincial Walking Campaign, "Walk the Walk" that supports community recreation leaders and others in motivating Newfoundlanders and Labradorians to walk their way to better health.

Organization: Seniors Resource Centre

Description: Organizing workshops for existing "Healthy Aging Groups" in each of the 4 health regions. The workshops will focus on healthy eating, active living and injury prevention and the formation of new "Healthy Aging Groups" in each health region.

Organization: Kids in Safe Seats Inc.

Description: Project will increase the awareness and knowledge regarding child passenger safety in Newfoundland and Labrador. It will support the training of community members as child passenger safety inspectors.

Organization: Food Security Network of NL

Description: Project to actively promote comprehensive, community based solutions to ensure access to adequate and healthy food for all in the province.

Organization: School Milk Foundation

Description: Development of healthy eating display units and an interactive CD to promote healthy eating and active living to students in grades 5-12 (to be used at health fairs in schools and community).